



Setting a vision is critical for every Spark. It provides motivation and inspiration in our lives and allows us to strive for something each day. When we're not clear on our vision, a lot of time is wasted wondering what activities to pursue.

This exercise is designed to get you thinking of your vision for yourself. Answer the questions in this worksheet, which are designed to guide you as you work to make that better future you envision much clearer.

① What did you always want to be when you grew up? Why?

② Is there anything that you do today that is related to what you wanted to be when you grew up? Describe.

③ What activities in your work/life bring you joy?

④ What activities in your work/life drain your energy?

5 What are you not doing today that you wish you were?

6 Where do you see yourself in three years? Five years?

7 What are three short-term goals that you have for yourself that will help you achieve your three and five year goals?

1. _____
2. _____
3. _____

8 Who can you enlist to support you on your short-term and long-term goals?
